

ADVANCES in
REJUVENATION &
RECONSTRUCTION
A HANDS-ON
WORKSHOP

& Board Review Program

A course designed for physicians
and trainees in the field of:

Dermatologic &
Cosmetic Surgery
Facial Plastic Surgery
Plastic Surgery
Oculoplastic Surgery
Maxillofacial Surgery

Meeting Chair
Hooman Khorasani, MD

Co-Chairs

Peter J. Taub, MD

Joshua D. Rosenberg, MD

Robert M. Schwarcz, MD

Icahn School of Medicine at Mount Sinai
New York, NY

May 16-17, 2020



Icahn School
of Medicine at
Mount
Sinai

Register at

www.CosmeticWorkshop.NYC

Sponsored by

The Kimberly and Eric J. Waldman Department of Dermatology

COURSE DESCRIPTION

This workshop is designed to provide practitioners and residents in the core aesthetic fields a comprehensive demonstration and training in soft tissue rejuvenation and reconstruction techniques. During the hands-on sessions, the latest techniques will be demonstrated by the experts performing procedures on live patients and synthetic models. Participants will take home “pearls of wisdom” from the experts and experience hands-on training in small group workshops. The course format will consist of lectures, panel discussions, question and answer sessions, and hands-on labs.



Dr. Hooman Khorasani
Meeting Chair

TARGET AUDIENCE

Physicians, Residents and Fellows from the five core specialties performing reconstructive and cosmetic surgery. Specialties include dermatologic surgery, facial plastics, plastics, oculoplastics and maxillofacial surgery.

OBJECTIVES

Upon completion of this CME activity, the participant will be able to:

- Demonstrate proper patient selection for medical, surgical and cosmetic intervention of dermatologic and surgical conditions.
- Evaluate and demonstrate knowledge and skills in dermatologic surgery, cosmetic dermatology, ophthalmologic surgery, oculoplastic surgery and maxillofacial surgery to improve patient outcomes.
- Assess recent advances in surgical and minimally invasive cosmetic procedures with emphasis on safety and efficacy for better patient outcomes.
- Compare alternative nonsurgical methods of facial rejuvenation based on known effectiveness of the therapy.
- Demonstrate various reconstructive and cosmetic procedures on synthetic models as well as on live patients.
- Demonstrate knowledge and skills in human facial anatomy, danger zones, and common reconstructive and aesthetic techniques used in facial surgery.
- Apply knowledge of recent advances in the effective and safe treatment and management of cosmetic challenges and facial oncology.

ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 15.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAD Recognized Credit Program

The AAD has discontinued recognized credit but credits can continue to be reported in the AAD CME Transcript by choosing the self-reported option in the transcript. For any questions about adding credits to the AAD CME Transcript, please contact the AAD Member Resource Center at (866) 503-7546.



Registered participants will be provided with a link to the Course Syllabus.

ICAHN SCHOOL OF MEDICINE FACULTY

DERMATOLOGIC & COSMETIC SURGERY SECTION

Mehul Bhatt, MD

Instructor, Dermatology
Associate Director of Micrographic &
Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

David J. Goldberg, MD, JD

Director, Skin Laser & Surgery
Specialists of NY/NJ
Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
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Assistant Clinical Professor, Dermatology
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Marsha L. Gordon, MD

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New York, NY

Richard Torbeck, MD

Assistant Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

ADMINISTRATIVE LIAISON

Yvonne Meyers, BS, MS HCDL

System Director
Dermatology Faculty & HR Affairs
The Kimberly and Eric J. Waldman
Department of Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

COURSE CHAIR

DERMATOLOGIC & COSMETIC SURGERY SECTION

Hooman Khorasani, MD

Associate Clinical Professor
Dermatology
Chief, Division of Dermatologic
& Cosmetic Surgery
Icahn School of Medicine
at Mount Sinai
New York, NY

COURSE CO-CHAIRS

FACIAL PLASTIC SECTION

Joshua D. Rosenberg, MD

Assistant Professor, Otolaryngology
Co-Chief, Facial Plastic &
Reconstructive
Surgery Department of Otolaryngology
- Head & Neck Surgery
Icahn School of Medicine
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OCULO-PLASTICS SECTION

Robert M. Schwarcz, MD

Associate Clinical Professor
Ophthalmology
Department of Ophthalmology
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PLASTIC SURGERY SECTION

Peter J. Taub, MD

Professor of Surgery & Pediatrics
Chief, Craniomaxillofacial Surgery
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PLASTIC SURGERY SECTION

Philip J. Torina, MD

Assistant Professor, Plastic Surgery
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FACIAL PLASTIC SURGERY SECTION

Joseph Rousso, MD

Associate Professor, Otolaryngology
Facial Plastic & Reconstructive Surgery
Department of Otolaryngology
- Head & Neck Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

GUEST FACULTY

John A. Carucci, MD

Associate Professor of Dermatology
Chief of Mohs Micrographic &
Dermatological Surgery
Ronald O. Perelman
Department of Dermatology
NYU Langone Medical Center
New York, NY

Laxmeesh Mike Nayak, MD

Assistant Professor Otolaryngology
Director, Division of Facial Plastic and
Reconstructive Surgery
St. Louis University School of Medicine
Saint Louis, MO

Edward Victor Ross, Jr., MD

Dermatology and Dermatologic Surgery
Scripps Green Hospital and
Scripps Mercy Hospital
San Diego, CA

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine to ensure objectivity, balance, independence, transparency and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

SATURDAY, MAY 16, 2020

Icahn School of Medicine at Mount Sinai

07:00-08:00 AM REGISTRATION/BREAKFAST/EXHIBITS

Davis Lobby

General Session

Davis Auditorium

Each 25-minute presentation will conclude with a 5-minute Q&A Panel Discussion

08:00-08:10 am PRP & Stem Cells Gary Goldenberg, MD

08:10-08:35 am Introduction & Facial Anatomy Review Hooman Khorasani, MD

08:35-09:05 am Upper Eyelid Blepharoplasty Hooman Khorasani, MD

09:05-09:15 AM BREAK/EXHIBITS

09:15-09:45 am Lower Eyelid Blepharoplasty Robert M. Schwarcz, MD

10:00-10:30 am Face and Brow Lift Mike Nayak, MD

10:30-11:00 am Comprehensive Submental Treatment Mike Nayak, MD

11:00-11:15 AM BREAK/EXHIBITS

11:15-11:45 am Laser Resurfacing Update Edward Victor Ross, Jr., MD

11:45-12:15 pm Facelift and Facial Implants Peter Taub, MD

12:15-12:45 pm Cellulite Treatment Bruce Katz, MD

12:45-01:45 PM INDUSTRY SPONSORED (NON-CME) WORKSHOP Hess Seminar Room B

12:45-01:45 PM LUNCH / EXHIBITS Davis Lobby

Neurotoxins & Filler Update Moderator: Marsha L. Gordon, MD

01:45-02:25 pm **Part I / Live Demo**

Upper Face & Periorbital Rejuvenation Mike Nayak, MD

Robert Schwarcz, MD

02:25-03:05 pm **Part II / Live Demo**

Mid & Lower Face Rejuvenation Hooman Khorasani, MD

03:05-03:20 PM BREAK/EXHIBITS Davis Lobby

LIVE DEMO & HANDS-ON TRAINING WORKSHOPS IN THE LAB Hess Seminar Room A

03:20-05:20 pm Aesthetic Techniques: Live Patient Demonstrations
Absorbable Suture Lifts and Contouring
Injection Lipolysis, Injectable Techniques with Cannulas
Non-surgical Rhinoplasty, PRP Microneedling
Hand Augmentation, Novel use of neurotoxins and fillers
Hands-on Synthetic Model Stations
All Faculty

05:20 PM ADJOURN FOR THE DAY

**ACT TODAY: First 100 registered residents & fellows can attend
the lectures for free and get 65% discount on the lab portion**

www.CosmeticWorkshop.NYC

07:00-08:00 AM REGISTRATION/BREAKFAST/EXHIBITS**Davis Lobby****General Session****Davis Auditorium****Each 25-minute presentation will conclude with a 5-minute Q&A Panel Discussion**

08:00-08:15 am Facial Anatomy Danger Zones Review Joshua Rosenberg, MD

08:15-08:45 am Skin Tightening David J. Goldberg, MD, JD

08:45-09:15 am Auricular Reconstruction Joseph Rousso, MD

09:15-09:30 AM BREAK/EXHIBITS**Davis Lobby**

09:30-10:00 am Peri-Oral Reconstruction Peter Taub, MD

10:00-10:30 am Nasal Reconstruction Joshua Rosenberg, MD

10:30-11:00 am Peri-Ocular Reconstruction Robert M. Schwarcz, MD

11:00-11:15 AM BREAK/EXHIBITS**Davis Lobby**

11:15-11:45 am Cheek Reconstruction Hooman Khorasani, MD

11:45-12:45 pm How Would You Close This Defect? John A. Carucci, MD

A Multi-Specialty Expert Panel Discussion Matthew J. Lin, MD, MPH

Richard Torbeck, MD

12:45-01:45 PM LUNCH/EXHIBITS**12:45-01:45 PM INDUSTRY SPONSORED (NON-CME) WORKSHOP Hess Seminar Room B****AESTHETIC TECHNIQUES LIVE PATIENT DEMONSTRATION**

01:45-02:05 pm Muscle Enhancement Technique Hooman Khorasani, MD

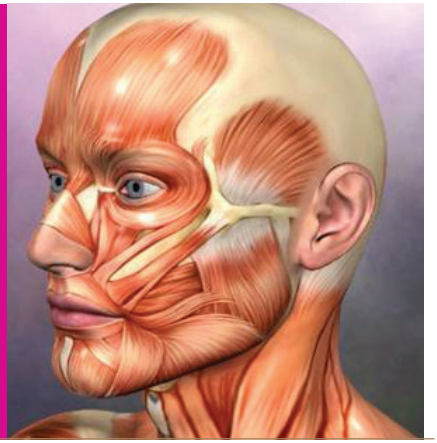
02:05-02:25 pm Electromagnetic & Radiofrequency Devices Bruce Katz, MD

02:25-02:45 pm Absorbable Suture Lifts Hooman Khorasani, MD

02:45-03:00 PM BREAK/EXHIBITS**Davis Lobby****LIVE DEMO & HANDS-ON TRAINING WORKSHOPS IN THE LAB Hess Seminar Room A**

03:00-05:00 pm Hands-on Aesthetic & Reconstructive Workshop (fixation devices, implants and endoscopes) Dr. Carucci, Dr. Nabatian, Dr. Bhatt, Dr. Torina & Faculty

05:00 PM ADJOURN FOR THE DAY**Dr. Khorasani, Dr. Nayak, Dr. Taub & Dr. Schwarcz****Dr. Rosenberg, Dr. Baker & Dr. Khorasani**



LOCATION

Hess Center for Science and Medicine of the Icahn School of Medicine at Mount Sinai is located at 1470 Madison Avenue (between 101st & 102nd Streets) New York, NY 10029.

Main Conference: Hess Center for Science and Medicine, Davis Auditorium, 1470 Madison Avenue, Second Floor

Registration/Breakfast/Exhibits:
Davis Lobby, Hess Bldg. Second Floor

Hands-on Surgical Workshops: Seminar Room A / Hess Bldg. Second Floor

Industry Sponsored (Non-CME) Workshops:
Seminar Room B / Hess Bldg. Second Floor

PARKING

The entrance to the Mount Sinai Parking Garage is located on the SW corner of 99th Street and Park Avenue. Discounted Parking is available for Saturday and Sunday only. Parking Ticket will be validated at the Registration Desk.

AIRLINE

Be sure to book your travel arrangements early. We are unable to reserve airfare for attendees of the symposium. We suggest online travel services such as travelocity.com or orbitz.com

HOTEL ACCOMMODATIONS

Please contact Denise Newman, NY Reservations at 888-37H-OTEL, 718-835-4911 or email dnew229@aol.com

CANCELLATION POLICY

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by May 2, 2020. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

CONTACT INFORMATION

For Registration Information contact cme@mssm.edu or (212) 731-7950. For Program Information, visit the conference website at: www.CosmeticWorkshop.NYC

DIRECTIONS TO MOUNT SINAI:

<http://www.icahn.mssm.edu/about/visiting>

SPECIAL NEEDS:

Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you have any special needs or require special accommodations, please contact the Office of CME at 212-731-7950.

9th Annual Mount Sinai 2020 Spring Symposium

REGISTRATION FORM

TWO WAYS TO REGISTER

REGISTER ONLINE (PREFERRED)
www.CosmeticWorkshop.NYC

REGISTER BY MAIL

MAIL REGISTRATION FORM WITH YOUR CHECK TO ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI, THE PAGE AND WILLIAM BLACK POST-GRADUATE SCHOOL, ONE GUSTAVE L. LEVY PLACE, BOX 1193, NEW YORK, NY 10029-6574

A CONFIRMATION LETTER WILL BE SENT VIA EMAIL UPON RECEIPT OF YOUR REGISTRATION AND PAYMENT. (NO REGISTRATION IS CONFIRMED WITHOUT FULL PAYMENT)

FIRST NAME

MIDDLE INITIAL

LAST NAME

TITLE/DEGREES (MD, RN)

ORGANIZATION

STREET ADDRESS

COUNTY

CITY

STATE

ZIP

DAYTIME PHONE

FAX NUMBER

EMAIL ADDRESS

MEDICAL SPECIALTY

PROFESSIONAL PROFILE

PHYSICIAN RESIDENT FELLOW MILITARY MOUNT SINAI FACULTY OTHER _____

REGISTRATION FEES

THE REGISTRATION FEE INCLUDES THE COURSE, BREAKFAST, BREAKS AND LUNCH FOR THE PARTICIPANT ONLY. A CONFIRMATION LETTER WILL BE SENT UPON RECEIPT OF YOUR REGISTRATION AND PAYMENT (NO REGISTRATION IS CONFIRMED WITHOUT FULL PAYMENT).

	FULL DAY LIVE DEMO AND LAB WORKSHOPS BEFORE 3/27/2020	HALF DAY 8AM TO 12:45 LECTURES ONLY BEFORE 3/27/2020	FULL DAY LIVE DEMO AND LAB WORKSHOPS ON OR AFTER 3/27/2020	HALF DAY 8AM TO 12:45PM LECTURES ONLY ON OR AFTER 3/27/2020
PHYSICIANS	\$1400	\$700	\$1700	\$850
1ST 100 RESIDENTS AND FELLOWS *	\$450	FREE	\$600.00	FREE
MOUNT SINAI FACULTY ** RESIDENTS *, FELLOWS *, MILITARY *	\$900	\$400	\$1100	\$550

* MUST PROVIDE 1) LETTER FROM THE PROGRAM DIRECTOR 2) COPY OF HOSPITAL ID
FAX INFORMATION TO: 646-537-9203

** MUST HAVE PAID 2020 ANNUAL DEPARTMENTAL DUES

IF YOU REGISTERED FOR THE LIVE DEMO AND SYNTHETIC MODEL LABS, PLEASE CHECK THE SESSIONS YOU PLAN TO ATTEND:

EXPERT LIVE DEMOS HANDS-ON WORKSHOPS

- SATURDAY, MAY 16, 2020
 SUNDAY, MAY 17, 2020

ENCLOSED IS MY CHECK MADE PAYABLE TO:
THE PAGE AND WILLIAM BLACK
POST-GRADUATE SCHOOL
IN THE AMOUNT OF \$ _____

FOR SECURITY PURPOSES, CREDIT CARD PAYMENT CANNOT BE ACCEPTED BY MAIL OR FAX. PLEASE VISIT www.CosmeticWorkshop.NYC TO REGISTER AND PAY BY CREDIT CARD.

FOR REGISTRATION INFORMATION CONTACT CME@MSSM.EDU OR (212) 731-7950. FOR PROGRAM INFORMATION GO TO THE WEBSITE AT www.CosmeticWorkshop.NYC

CANCELLATION POLICY

ALL REFUND AND CANCELLATION REQUESTS MUST BE EMAILED TO THE CME OFFICE AT CME@MSSM.EDU BY MAY 2, 2020. CANCELLATIONS AFTER THIS DATE ARE NOT ELIGIBLE FOR A REFUND. AN ADMINISTRATIVE FEE OF \$50 WILL BE DEDUCTED FROM YOUR REFUND. NO REFUNDS WILL BE ISSUED FOR REGISTRATION FEES THAT ARE EQUAL TO OR LESS THAN \$50.



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MEETING CHAIR

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